





3 - 5 May 2019 CORAL SPRINGS – FL – USA











1. Denomination

The CMAS AMERICA and FIT AND FINS AQUATIC SPORTS– authorized by CMAS – invite all interested Federations and Clubs to participate on the XIV CMAS Finswimming World Cup 2019 organized between 3 $^{\rm rd}$ – 5 $^{\rm th}$ May of 2019 in Coral Springs FL United States of America.

2. Registration process

The competition is governed by CMAS Finswimming Rules, by CMAS Finswimming World Cup Rules, and by the present Specific Rules that every athlete, - with his/her enrolment - affirms to know and agrees to strictly follow.

CMAS regulations can, and should be seen at the following link. http://www.cmas.org/finswimming/documents-of-the-finswimming-commission

Please note the following instructions for registration because for world cup, all data are stored in the CMAS sport database. The link is http://sport.cmasoffice.org.

1. Registration

All registration of athletes for events must be submitted <u>only through electronic way</u>. Application forms can be used only for accommodation and general organisation.

For registration, the website is http://sport.cmasoffice.org Opening date of registration is March 1st 2019. By registration it's only said for world cup program. Eventual additional program is managed only by organising committee.

During registration, the system matches automatically with the CMAS licenses database if it exists and if valid.

Recall of the procedures and obligations point 1.15.7. Request for licenses will be done according to previous procedures and within 10 days at least before the corresponding competition. Thus, all clubs and participants must take this delay in account for registration and this delay of 10 days is meant to be delay after payment and not after order.

2. Fees of registration

It exists two types of fees, <u>CMAS fees</u> paid only online at the end of process of registration and <u>organizing fees</u> paid directly to organising committee according to the instructions communicated by organising committee in the present rules.

a. CMAS Fees

For each round or Golden Final, each competitor must pay to participate CMAS fees fixed annually by CMAS:

- CMAS sport license holder (for memory, the price of licence $10 \in$. Order only through your national Federation as usually).
 - o 10 € for participation fees by each round
- Not CMAS sport licence holder
 - o 10 € for participation fees by each round
 - \circ 15 € for temporary licence for world cup at the first inscription in the year.











Please note that the names of relays members must be entered during registration process on base of individual registration even they swim only relay and even according the rules, the composition of relays can be changed on place before the beginning of competition.

These fees will be paid only at the end of the registration process online only by credit card.

Before to finalize registration, you must to be sure that your bank accept that you can pay online with your card.

b. Organisation Fees

The procedures of all expenditures regarding the competition (accommodation fee, inscription fees etc.) are paid directly to organising committee according to the instructions communicated below:

Inscription fees are:

- 30 US Dollars for each club
- 20 US Dollars per each relay
- 11 US Dollars per each individual distance
- Per event inscription fee for the **Finswimming Cup Corals Springs**, same fees of individual and relay.
- Fees paid for not performed races will not be reimbursed.
- Late enrolments are not accepted because registration is managed by CMAS system during registration planning.
- Payment should be made by direct bank transfer.

Bank information's are confidential. Thus, it will be send to you on request by mail at: infowccoralsprings@gmail.com

3. Participation rules and races

1. Races and categories are as follows:

SENIOR (Cat. "A") M/W

50 m ap.

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf.,

Relay: 4 x 100 m sf.

50 m bf., 100 m bf., 200 m bf.

JUNIOR (Cat. "B, C, D") B/G

50 m ap., (competitors of Cat. "D" cannot enter)

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf.,

50 bf., 100 m bf., 200 m bf.

Relay: 4 x 100 m sf.

Finswimming Cup Coral Springs specific program (registration with specific form enclosed)

SENIOR (Cat. "A") M/W and JUNIOR (Cat. "B, C, D") B/G

- 400 BF
- 4 x 100 BF mix
- 4 x 50 SF mix.











2. Participation rules:

For all technical matters, please refer to the valid world cup Finswimming rules.

http://www.cmas.org/finswimming/documents-of-the-finswimming-commission

4. Competition place

The competition will take place at:

CORAL SPRINGS AQUATIC COMPLEX - 12441 Royal Palm Blvd, Coral Springs, FL 33065

http://aquaticcomplex.com/

The swimming pool has a length of 50m, a width of 21 m and eight lanes and a depth of 1.6 m and 2.10 m. The temperature of the water is $25^{\circ}C$ ($+1^{\circ}C$).





5. Timekeeping system

The timekeeper will conduct time recording through electronic time and recording system.

6. Checking equipment and bottle refills

The judges are authorized to control swimmers' equipment at any time during the competitions.

During the competitions, we don't have races with tanks.

7. Classifications

Classifications will be based on times registered by the timekeepers, results will be complied according to CMAS score and CMAS World Cup classification.

- 3.1. There will be classification for Individuals, Clubs, National Teams and Countries.
- 3.2. <u>Individual</u>: There will be, for every distance, four different individual classifications for men, women, Juniors Boys and girls. Swimmers registered by Clubs or Nationals 'Teams are in this classification.











- 3.3. <u>Club</u>: The general classification will be made by the total amount of the individual point (men and women, junior and senior only registered by clubs). Four separate Club Classification will be made also for seniors men, seniors women, juniors boys and juniors girls.
- 3.4. <u>National Teams</u>: The general classification will be made by the total amount of the individual point (men and women, junior and senior). Four separate National Teams Classification will be made also for men, women, juniors boys, juniors girls.
- 3.5. Countries Ranking:
 - 3.5.1. The Countries Ranking will be made in accordance with points **Erreur! Source du renvoi introuvable.** and **Erreur! Source du renvoi introuvable.** by the total amount of the individual points (men and women, junior and senior) of National Teams.
 - 3.5.2.If National Federation does not enrol its National team, the best two results by club in accordance with points Erreur! Source du renvoi introuvable. and Erreur! Source du renvoi introuvable. at each distance, at each category (men, woman, juniors and seniors) will go to Countries ranking.

8. Prizes

Individual prizes: medals will be given to the first three classified athletes in every individual race and every relay.

Teams prizes: cups for first three clubs and cups for first three National Teams.

Awarding ceremonies will take place during the competition, so the involved athletes must be at organizing staff's disposal at the right time.

During ceremonies awarded athletes must wear official uniforms of their teams.

9. Antidoping

- WADA World Antidoping Code
- CMAS Antidoping Rules
- Athletes accept these rules as a condition of participation.

10. Responsibility

The Organizing CMAS AMERICA, the organizing committee, CMAS, the Competition Director, Competition Officers and the Chief Judge aren't responsible for accidents or damage caused to people and personal effects before, during or after the competition.

11. Additional Note

The schedule of the program can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time.

Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts.

Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club. Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.











12. Enrolment

- 1. **Preliminary entry** application form is provided as attachment with these specific rules and must be filled duly (**Enclosure 1 preliminary entry**)
- 2. **For registration of events,** the website is http://sport.cmasoffice.org. This is the only way to enter to participate to the World Cup.

Recall of the procedures and obligations point 1.15.7. Request for licenses will be done according to previous procedures and within 10 days at least before the corresponding competition. Thus, all clubs and participants must take this delay in account for registration and this delay of 10 days is meant to be delay after payment and not after order.

If the system doesn't find a valid CMAS license, the system assigns a temporary license number (cost directly added to the events registration invoice and payable at the end of the registration process). This temporary license is valid for all World Cup rounds of the year, include Golden Finale.

By registration it's only said for world cup program. Eventual additional program is managed only by organising committee with separate registration.

13. Accommodation and transportation

April 15 – 2019 (Enclosure 2 Booking Form)

First Hotel option

<u>Fort Lauderdale Marriott Coral Springs Hotel, Golf Club & Convention Center</u> (https://http://www.marriott.com/hotels/travel/fllmc-fort-lauderdale-marriott-coral-springs-hotel-golf-club-and-convention-center/?scid=bb1a189a-fec3-4d19-a255-54ba596febe2

Options	Cost Night Room	Beds	Type	People per Room	Cost per person Night	# Nights	Total per Person	Total 4 Nights room
1	170.0	1	King	1	170.00	4	680	680.00
2	170.0	2	Queens	2	85.00	4	340	680.00
3	170.0	2	Queens	3	56.67	4	227	680.00
4	170.0	2	Queens	4	42.50	4	170	680.00

Include Taxes, Self-parking, Wi-Fi in sleeping rooms. **Breakfast** will be located in Fairway Grill & breakfast includes; made to order eggs, omelets, pancakes, French toast, waffles. Additional Items: toast, bagels, breakfast pastries, fresh fruit, oatmeal, bacon, sausage, breakfast potatoes, deli cheeses & meats, yogurt, juice, coffee etc. This will also give guests the option to sit inside or outside on the beautiful terrace that overlooks the Heron Bay Golf Course! **Not include Lunch and Dinner**. The booking and value of lodging will be transferred by bank directly to the organization.

<u>Lunch and Dinner:</u> 10% off restaurant menu (Average of prices from \$7.00 on up) he people could use the restaurant in the hotel and pay directly to the hotel, Room Service: 6:00 AM – 11:00 PM











4.5 Milles of the Aquatic Complex. 15 minutes in car.













La Quinta Inn & Suites Coral Springs South (https://www.lq.com/en.html)











Options	Cost Night Room	Beds	Type	People per Room	Cost per person Night	# nights	Total per Person	Total 4 Nights room
1	140.0	1	King	1	140.00	4	560	560.00
2	140.0	2	Queens	2	70.00	4	280	560.00
3	140.0	2	Queens	3	46.67	4	187	560.00
4	140.0	2	Queens	4	35.0	4	140	560.00

Include Taxes. Prices per night room, **Breakfast** (juice, cereal, milk, bread, eggs and coffee) not include Lunch and Dinner. The hotel doesn't have a restaurant. The booking and value of lodging will be transferred by bank directly to the organization.

4.3 Milles of the Aquatic Complex. 15 minutes in car.





TRANSPORTATION:

The organization recommend that each Team rent's a car in Fort Lauderdale International Airport, is the best option since you arrive and departure.

Other option is the use of UBER or LIFT, you need the APP.

If some team don't want these options, send an email to the organization to some recommendation. infowccoralsprings@gmail.com

<u>Coral Springs have the FORT LAUDERDALE-HOLLYWOOD INTERNATIONAL AIRPORT it is to 21 miles of the city</u>

Please, contact organizing committee on this mail address <u>infowccoralsprings@gmail.com</u> to receive the bank account information to make payment by transfer.

For any participating clubs wish to arrive earlier to have training session a full board services are offered, paying the pro-rata charge as indicated above.











Swimming pool lanes are charged separately.

<u>Important Note:</u> Payment will be made by bank transfer (rooms and registrations fee), this transfer should be informed in detail to the organizers at <u>infowccoralsprings@gmail.com</u>

If you need Visa, please send an email minimum 60 day before the event, to send you the form to provide the information to make the invitation. To **infowccoralsprings@gmail.com**

14. Deadlines

Preliminary Entry

Enclosure 1: preliminary entry

No later than April 1 of 2019 and sent to email address: infowccoralsprings@gmail.com

Registration entries

For registration of events, go to the website is http://sport.cmasoffice.org Dates of operation: March 1 of 2019 to April 22 of 2019.

Accommodation and Transportation

Enclosure 2: Booking Form

No later than April 15 of 2019 and sent to email address: infowccoralsprings@gmail.com











15. Schedule

SWIMMING POOL COMPETITION SCHEDULE									
	ck documents				15:00 - 19:00		Swimming pool		
Fryday	Check of equipments					15:00 - 19:00	Swimming pool		
3rd May 2019	Traii	ning time				9:00 - 19:00	Swimming pool		
·		nichal Meeting	with team	ı leaders		20:00	Hotel Marriott		
			ng sessior		Afternoon session				
	V	Varming Up		0 - 8:40	١	Warming Up	15:00 - 16:30		
	_	en Ceremony		8:45		Start	16:40		
	Start		9:15						
	1	50 Apnea	Girls	Cat. B + C	13	50 BF	Girls	Cat. B + C+ D	
	2	50 Apnea	Boys	Cat. B + C	••••••	50 BF	Boys	Cat. B + C+ D	
	3	50 Apnea	Women	Cat. A	15	50 BF	Women	Cat. A	
	0001000100010	50 Apnea	Men	Cat. A	16	50 BF	Men	Cat. A	
	Award Ceremony		50 Ap G - B		Award Ceremony		50 BF G - B		
		800 SF	Girls	Cat. B + C+ D		200 SF	Girls	Cat. B + C+ D	
Saturday		800 SF	Boys	Cat. B + C+ D	18	200 SF	Boys	Cat. B + C+ D	
4th May 2019		ard Ceremony	50 Ap W - M		Award Ceremony		50 BF W - M		
,	7 800 SF		Women	Cat. A		200 SF	Women	Cat. A	
	8	800 SF	Men	Cat. A	000000000000000000000000000000000000000	200 SF	Men	Cat. A	
	Award Ceremony		800 SF G - B		Award Ceremony		200 SF G - B		
		400 BF	Girls	Cat. B + C+ D	21	4 x 100 BF Relay	Mix	Cat. B + C+ D	
	10	400 BF	Boys	Cat. B + C+ D	22	4 x 100 BF Relay	Mix	Cat. A	
	Award Ceremony		800 SF W - M		Award Ceremony		200	SF W - M	
	11	400 BF	Women	Cat. A	23	4 x 50 SF Relay	Mix	Cat. B + C+ D	
	12	400 BF	Men	Cat. A	24	4 x 50 SF Relay	Mix	Cat. A	
	Awa	ard Ceremony	400	BF G - B	Aw	ard Ceremony	Relay	Mix 100 BF	
	Award Ceremony		400 BF W - M		Award Ceremony Rela			y Mix 50 SF	
		Morni	ng session			Afterno	on session		
	Warming Up		7:30 - 9:00		Warming Up		15:00 - 16:30		
	Start		9:15		Start		16:40		
	25	100 SF	Girls	Cat. B + C	37	50 SF	Girls	Cat. B + C+ D	
	26	100 SF	Boys	Cat. B + C	38	50 SF	Boys	Cat. B + C+ D	
	27	100 SF	Women	Cat. A	39	50 SF	Women	Cat. A	
	28	100 SF	Men	Cat. A	40	50 SF	Men	Cat. A	
	Awa	ard Ceremony	100 SF G - B		Aw	ard Ceremony	50 SF G - B		
	29	100 BF	Girls	Cat. B + C+ D	41	200 BF	Girls	Cat. B + C+ D	
Sunday	30	100 BF	Boys	Cat. B + C+ D	42	200 BF	Boys	Cat. B + C+ D	
5th May 2019	Award Ceremony		100 SF W - M		Aw	Award Ceremony		50 SF W - M	
Still Way 2013	31	100 BF	Women	Cat. A	43	200 BF	Women	Cat. A	
	32	100 BF	Men	Cat. A	44	200 BF	Men	Cat. A	
	Award Ceremony		100 BF G - B		Award Ceremony		200 BF G - B		
	33	400 SF	Girls	Cat. B + C+ D	45	4 x 100 SF Relay	Girls	Cat. B + C+ D	
	34 400 SF		Boys Cat. B + C+ D		46	4 x 100 SF Relay			
	Award Ceremony		100 BF W - M			ard Ceremony	200 BF W - M		
	35	400 SF	Women	Cat. A	47	4 x 100 SF Relay	Women	Cat. A	
	_	400 SF	Men	Cat. A		4 x 100 SF Relay	Men	Cat. A	
	Award Ceremony		400 SF G - B		Award Ceremony		4 x 100 Relay		
	Awa	ard Ceremony	400 9	SFW-M	Aw	ard Ceremony	4 x 100 Relay		

Note: The competition program and schedule are subject to change according to CMAS. Organisers also reserve the right of any change to the scheduled programme.





